



Healthy Mind | Healthy Body | Healthy Future.

:: Dadi Maa's Golden Touch ::

In the olden days, every home had a loving Dadi Maa (grandmother) who always knew the secret of a child's health. With her wisdom of Ayurveda, she would prepare and lovingly give Swarnaprashan to the little ones of the family.

For her, it was not just medicine—it was a blessing wrapped in love, believed to give children strong immunity, sharp memory, and a bright future.

Today, Rajras Ayurveda continues this age-old tradition, bringing back the same golden care of Dadi Maa, in a pure and scientific way, for every child.



:: Refrence ::

सुवणप्राशन हि एतत् मेधाग्निबलवर्धनम् ।
आयुष्यं मंगलं पुण्यं वृष्यं वर्ण्यं ग्रहापहम् ॥
मासात् परममेधावी व्याधिभिर्न न धृष्यते ।
षड्भिर्मसैः श्रुतधरः सुवणप्राशनात् भवेत् ॥

This verse emphasizes that Suvarṇaprāśana enhances intellect (medhā), digestive fire (agni), and strength (bala); it promotes lifespan (āyuh), auspiciousness (maṅgala), virtue (puṇya), vitality (vṛṣya), complexion (varṇya), and protection from harmful influences (grahāpaha).

Moreover, if administered for one month, the child becomes “Parama-medhāvi” (highly intelligent) and does not fall prey to diseases; with six months of administration, the child becomes “Śrutadhāra”, i.e., retains what is heard.



Kashyapa Saṁhitā: This ancient Ayurvedic text by Ācārya Kaśyapa first introduced Suvarṇaprāśana as part of Jātakarma—one of the neonatal sanskāras performed immediately after birth. It describes administering gold (suvarṇa), rubbed on a clean stone with water, along with honey and ghee, to the newborn, targeting benefits like memory, intelligence, digestive power, immunity, and overall strength.

:: Rajras Swarnaprashan Helps In ::



Sharp mind &
strong memory



Better concentration
& learning ability



Stronger immunity
& disease resistance



Improved strength
& stamina



Better digestion
& appetite



Healthy skin &
natural glow



Emotional balance
& calmness



Overall healthy growth
& development

:: Rajras Swarnaprashan Ingredients ::

(per 30 ml formula)

Ashwagandha

(600 mg)

- Strengthens the immune system and overall vitality.
- Enhances memory, focus, and concentration in children.
- Helps in reducing stress, anxiety, and fatigue.
- Supports healthy bone and muscle growth.
- Boosts energy metabolism and stamina.

Brahmi

(1800 mg)

- Renowned as a brain tonic in Ayurveda.
- Improves cognitive functions, memory retention, and learning ability.
- Calms the nervous system and promotes better sleep.
- Enhances mental clarity and sharpness.
- Supports children in academic performance and attentiveness.

Vacha

(1800 mg)

- Improves speech clarity and helps in delayed speech issues.
- Enhances intellectual capacity and comprehension power.
- Acts as a neuroprotective herb supporting brain development.
- Helps in digestive health and assimilation of nutrients.
- Balances Kapha dosha, removing sluggishness in body and mind.

Shankhpushpi

(1800 mg)

- Improves intelligence, memory, and concentration power.
- Acts as a natural nootropic (mind booster).
- Reduces hyperactivity, restlessness, and anxiety.
- Strengthens the nervous system and supports emotional stability.
- Promotes better grasping and understanding ability in children.

Giloy

(1200 mg)

- Known as Amrita (nectar) in Ayurveda.
- Enhances natural immunity and protects against recurrent infections.
- Acts as an antipyretic, preventing fever and seasonal illnesses.
- Detoxifies the body and supports healthy liver function.
- Promotes long-term vitality and disease resistance.

:: Rajras Swarnaprashan Ingredients ::

(per 30 ml formula)

Madhu – Honey

(9 ml)

- Acts as a natural carrier that enhances absorption of all herbs.
- Provides instant energy and improves digestion.
- Rich in antioxidants and supports respiratory health.
- Sweetens the taste, making it child-friendly.
- Helps in balancing doshas gently.

Swarna Bhasma

(30 mg)

- The most powerful Rasayana in Ayurveda for children.
- Improves intelligence, memory, and confidence.
- Boosts immunity to protect against chronic and recurrent illnesses.
- Strengthens overall growth and development.
- Enhances longevity, complexion, and strength.
- Scientifically shown to have neuro-protective and immunity-modulating properties.

Cow's Ghee

(12 ml)

- Acts as an excellent brain and nerve tonic.
- Nourishes Dhatus (body tissues) and promotes strength.
- Improves digestion and nutrient absorption.
- Enhances memory and concentration.
- Works as a natural preservative for Swarna Bhasma and herbs.





:: Dosage ::

1-5 years	1 Drop	Daily
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5-10 years	2 Drops	Daily
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10-15 years	3 Drops	Daily
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:: Timing ::

- Best given early morning on an empty stomach.
- Must given on pushya nakshatra day for maximum benefits.

:: Note ::

- Do not give water or food for 30 minutes after dosage.
 - Keep bottle tightly closed in a cool, dry place, away from sunlight.
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THANK
YOU

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